

POLICE



DEPARTMENT

No.J5-121411/2014/PHQ

Police Headquarters,
Thiruvananthapuram
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04712721547
Dated. 20-11-2015

NOTIFICATION

Recruitment of Sportsmen in Kerala Police Department

Recruitment of Sportsmen to the following teams in Kerala Police will be made from among the outstanding Sports personnel in the following disciplines.

1	BASKETBALL	WOMEN & MEN
2	VOLLEYBALL	WOMEN & MEN
3	ATHLETICS	WOMEN & MEN
4	FOOTBALL	MEN
5	SWIMMING	MEN
6	WATER POLO	MEN
7	HANDBALL	MEN
8	CANOEING	MEN
9	KAYAKING	MEN
10	JUDO	MEN

Qualifications

Sports achievement: (Should be after 01.01.2012)

1. First or second place in individual athletic events in recognized State Meets and who have been selected to represent the State.
2. First place in team events in athletic like 4*400 relays and 4*100 in recognized State Meets and who have been selected to represent the State.
3. Represented the States in the Games like football, Volley Ball etc, and secured selection to represent in inter state, National Championships

Educational Qualification:

A Pass in the S.S.L.C or equivalent Examination.

Age:

Must have completed 18 years and must be below 25 years of age as on 01- January-2015

The maximum age limit will be relaxed for Other Backward Classes, Scheduled Castes / Scheduled tribes according to rules.

A) PHYSICAL QUALIFICATION:

Men:

Height : 167 Cm



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Note : Minimum Height shall be 160 Cms for candidates belonging to Scheduled Caste/Scheduled Tribes

Women:

Height : 152 cm

Note : Minimum Height shall be 150 cm for candidates belonging to Scheduled Caste/Scheduled Tribes

B) CHEST : 81 Cm with a minimum expansion of 5 Cm

Minimum Chest measurement shall be 76 Cm for scheduled castes and scheduled Tribes.

C) Must be certified to possess the visual standard specified below without glasses

VISION	RIGHT EYE	LEFT EYE
DISTANT VISION 6/6	6/6 SNELLEN	6/6 SNELLEN
NEAR VISION	0.5 SNELLEN	0.5 SNELLEN

- 1) Each eye must have full field of vision.
- 2) Colour Blindness, Squint of any Morbid Condition of eyes or lids of either eye shall be a disqualification.

A) Must be free from apparent physical defects like knock knee, Flat foot, Varicose Vain, bow legs, deformed limbs, irregular and protruding teeth, defective speech and hearing.

D) Must qualify in any 5 events out of eight specified below, of the National Physical Efficiency on star Standard Test.

Men:

SL NO	ITEMS	MINIMUM STANDARD OF EFFICIENCY
1	100 METER RUN	14 SECONDS
2	HIGH JUMP	132.20 CM (4'.6")
3	LONG JUMP	457.20 CM(15")
4	PUTTING THE SHORT OF 7264 GRAMS	609.60 CM (20')
5	THROWING THE CRICKET BALL	6096 CM (200')
6	ROPE CLIMBING (ONLY WITH HANDS)	365.80 CM (12')
7	PULL UPS OR CHINNING	8 TIMES



8	1500 METERS RUN	3 MINUTES AND 44 SECONDS
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Women:

SL NO	ITEMS	MINIMUM STANDARD OF EFFICIENCY
1	100 METER RUN	17 SECONDS
2	HIGH JUMP	106 CM
3	LONG JUMP	305 cm
4	PUTTING THE SHORT OF (4 KGS)	488 CM
5	200 METER RUNS	36 SECONDS
6	THROWING THE THROW BALL	1400 CM
7	SHUTTLE RACE (25X4 METER)	26 SECONDS
8	SKIPPING (ONE MINUTE)	80 TIMES

The selected candidates will be appointed as Havildars in the Armed Police Battalions. The last date for submission of application will be **19.12. 2015**.

The application form is available at the official website of Kerala Police (www.keralapolice.gov.in). The duly filled application form with self attested copies of certificates to prove age, educational qualification and sports performance shall be submitted directly or by post to **The State Police Chief, Police Headquarters, Thiruvananthapuram - 695010**. The cover/envelop containing application shall be super scribed as **" Application for appointment under Sports Quota"**



T P SENKUMAR IPS
State Police Chief
Police Headquarters, Thiruvananthapuram

To : _____

